

Dallas Area Seniors News

JANUARY 2013

DAS Phone: 503-623-8554



June's Jazz

As we begin the New Year we do so with a practically new board, the 4 board members that were elected at the December meeting and will



assume duties on the 1st of January. The elected were Anona Hamilton, Verlyn Ebert, and Cecil

Maginn. We have come such a long way in people being interested in serving on the board. A few years ago it was hard to find people to serve now we have a slate of folks interested in serving. Thanks for serving the past two years Dennis Johnson, Mary Lou Koenig and Helen Jackson. Each of them will be continuing to be involved. It is a great honor to serve as the president of the Dallas Area Senior Center. I wish you a happy and healthy New Year.

Craft Corner

The craft ladies will be looking for new ideas for the coming year. They are already thinking about the bazaar for November 2013. If you are cleaning out the closet and have craft products that are useable they welcome your donations.

Trips

DECEMBER TRIP

I was expecting rain for our December trip but was pleasantly surprised when it turned out to be a beautiful day. We had a full bus as we traveled to the Perrydale School for the Senior Tea. The students served us a tasty lunch and then entertained us with singing and a play. That was followed by playing bingo. Sharon Martin and Helvi Ross each won a poinsettia for winning games. It was such a great day. Kudos to the Perrydale schools for doing such a great job!!

JANUARY TRIP

Climb aboard the bus and join us for lunch at the Sizzler Restaurant in Salem on Thursday, January 17th. The bus will leave the church parking lot at 11:00 AM. The bus fee is \$5 for this trip. As always, lunch will be on your own. We haven't chosen a side trip for the day but I'm sure someone will come up with a suggestion or two. We can discuss it at lunch and see what we would like to do. Sometimes it's fun to do something on the spur of the moment - even for seniors. Sign up sheet is posted on the bulletin board at the center. Let's hope for a good weather day.

Remember, if you have any ideas for a trip, write it up and leave it at the center. Then we can discuss it at our Activities meeting. Thanks. Helvi

Movie of the Month

Each month on the third Monday we show a popular movie. (Usually, but not always, we even show the movie advertised in the newsletter.) Join us January 21st for a presentation of "The Proposal" starring Sandra Bullock, Ryan Reynolds, Mary Steenburgen and Betty White.

When high-powered book editor Margaret (SANDRA BULLOCK) faces deportation to her native Canada, the quick-thinking exec declares that she's actually engaged to her unsuspecting put-upon assistant Andrew (RYAN REYNOLDS), who she's tormented for years. He agrees to participate in the charade, but with a few conditions of his own. The unlikely couple heads to Alaska to meet his quirky family (MARY STEENBURGEN, CRAIG T. NELSON, and BETTY WHITE) and the always-in-

control city girl finds herself in one comedic fish-out-of-water situation after another. With an impromptu wedding in the works and an immigration official on their tails, Margaret and Andrew reluctantly vow to stick to the plan despite the precarious consequences. (Walt Disney Pictures)



The movie starts at 9:30 a.m. and remember that popcorn and the movie are free. Home made soup (from the kitchen of Nona Lambert) and bread are served after the movie for only \$2.00.

And as always, we provide a brief clip for your enjoyment.

<http://www.zimbio.com/watch/MW0mH25iES2/The+Proposal/The+Proposal>

Karaoke Night

New Event

We're starting the New Year with a fun, new activity. Join Cecil Maginn, Mary Dawson and LeAnn Piering for our very first Karaoke/Sing-along Night at the Dallas Senior Center on Monday, January 14th from 6:00 to 8:00 p.m.

Just bring yourself and maybe something to whet your whistle. We will be using special Karaoke CD's known as CD+G. They provide background music only and we sing the actual song. The lyrics for each song will appear on our big screen TV and be highlighted as we sing. You can request a solo, sing in a small group or have everyone join in for a big sing-along. Come and learn a few new songs or sing one of your old favorites.

Bring your own CD+G's to share if you karaoke at home or see what others bring in. We ask that you put your name on the case and/or any CD+G that you bring so we can be sure to get them back to their rightful owners at the end of the evening.

We tried a practice run and had a pretty good time, but expect a few glitches while we work out the kinks. Whether we get three or thirty people to come, if it is enjoyable we hope to make this a regular feature.

If you enjoy singing at home, you have an opportunity to step out of the shower and into the limelight. Music can raise your spirits and feed your soul. It doesn't hurt to exercise your brain a little too by learning a few new ditties. Join us January 14th and start the New Year with a song.

Bingo

As usual we play bingo the 1st and 3rd Friday of the month. The progressive pot is growing; it is now over \$100.00. It is a good way to spend a cold winter evening with friends and maybe win a few dollars. Food is available; corn bread and home made chili this month. Cards are still 6 for \$5.00 or 1.00 each despite the inflation. Hope to see you there.

Senior Spring Sale

Resurrected

At our December membership meeting Russ Thommen announced that he, Mary Lou Koenig, and Walt Hildebrand have decided that they are "up" for holding a smaller and better garage sale in 2013. The actual sale will probably be held in late April or early May. Unlike past years, this group will not be picking up leftovers from other people's garage sales. If they limit the size and scope of the sale it will be more manageable.

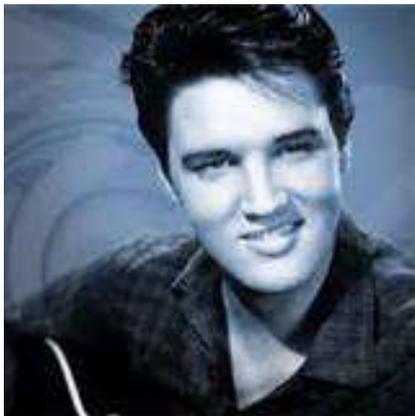
If any of our members have some quality pre-owned items that they wish to contribute toward the sale, they should contact any of the three people above or call the Senior Center. Nothing will be collected until after January 1st.

Senior Jam in
January Celebrates
"The King"

On Thursday, January 24, at 6:30 the Dallas Senior Center will celebrate with an "Elvis-Themed" jam to celebrate the birthday of "The King" so start thinking of those many, many songs that you know and love and we'll have us a good old time. Yes, Mr. Presley's birthday is actually on January 8; we all think that he deserves a whole month!

As always, all area musicians and singers, regardless of age or level of talent are welcome to come and either play or enjoy the show. Admission is free, donations are appreciated.

Questions? Comments, call Michele at 503-623-5055. Thank you.
Thank you very much!



YOUR OFFICERS

President.....June Krause
Vice-President..... Jerry Piering
Secretary..... Ellen Shaw
Treasurer..... Judy Doughty
Board Members
.....Verlyn Ebert
.....Anona Hamilton
.....Fred Hardin
.....Cecil Maginn
.....Sharon Martin
.....Blanche Pryor
.....Helvi Ross

**Life isn't fair, but it's still
good.**

**When in doubt, just
take the next small
step.**

**TAKE A DEEP
BREATH. IT CALMS
THE MIND.**

January 2013

DALLAS SENIOR CENTER
955 SE Jefferson Street

Telephone 503-623-8554

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>Remember to pay your dues for 2013</p> <p>\$15.00</p>	<p>1</p>  <p>Senior Center is Closed</p>	<p>2</p> <p>Senior Center is Closed</p>	<p>3</p> <p>9:00 a.m. Arthritis Exercises</p> <p>1:00 p.m. Bridge</p>	<p>4 10:00 a.m. <i>Activity Meeting</i></p> <p>12:30 p.m. Pinochle</p> <p>6:30 p.m. B-I-N-G-O</p>	<p>5</p>
6	<p>7</p> <p><i>Writing Class 10 AM-NOON</i></p> <p>1:00 p.m. Table Games Duplicate Bridge</p>	<p>8</p> <p>9:00 a.m. Arthritis Exercises</p> <p>10:00 a.m. DAS BOARD MEETING</p> <p>10:00 a.m. Hearing Aid Service</p> <p>1:00 p.m. Bunco</p>	<p>9</p> <p><i>Oil Painting 9:00-12:30</i></p> <p>1:00 p.m. Pinochle & Mah Jong</p>	<p>10</p> <p>9:00 a.m. Arthritis Exercises</p> <p>1:00 p.m. Bridge</p>	<p>11</p> <p>10:30 a.m. Spirit Mountain Casino</p> <p>12:30 p.m. Pinochle</p> <p>DANCE 6-8 PM</p>	<p>12</p> <p>11:30 a.m. General Meeting <i>New board introduced</i></p> <p>12:00 Potluck</p> <p>B-I-N-G-O follows Prizes Furnished</p>
13	<p>14</p> <p><i>Writing Class 10 AM-NOON</i></p> <p>1:00 p.m. Table Games</p> <p>Karaoke Night 6-8 PM</p>	<p>15</p> <p>9:00 a.m. Arthritis Exercises</p> <p>10:00 a.m. Hearing Aid Service</p> <p>10:00 - 3:00 p.m. CRAFTS</p>	<p>16</p> <p>10:00 a.m. Wii Bowling</p> <p>1:00 p.m. Pinochle & Mah Jong</p>	<p>17 9:00 a.m. Arthritis Exercises</p> <p>Sizzler Lunch <i>Depart at 11:00 a.m. Bus \$5.00</i></p> <p>1:00 p.m. Bridge</p>	<p>18</p> <p>12:30 p.m. Pinochle</p> <p>6:30 p.m. B-I-N-G-O</p>	<p>19</p>
20	<p>21</p> <p>9:30 a.m. Free Movie & Popcorn <i>Soup & Bread Lunch \$2.00</i></p> <p>1:00 p.m. Table Games Duplicate Bridge</p>	<p>22</p> <p>9:00 a.m. Arthritis Exercises</p> <p>10:00 a.m. Hearing Aid Service</p> <p>1:00 p.m. Bunco</p>	<p>23</p> <p><i>Oil Painting 9:00-12:30</i></p> <p>1:00 p.m. Pinochle & Mah Jong</p> <p>5:00 p.m. Leopard Chicks rehearsal</p>	<p>24</p> <p>9:00 a.m. Arthritis Exercises</p> <p>1:00 p.m. Bridge</p> <p>6:30 p.m. Music Jam</p>	<p>25</p> <p>12:30 p.m. Pinochle</p> <p>DANCE 6-8 PM</p>	<p>26</p>
27	<p>28</p> <p>1:00 p.m. Table Games</p>	<p>29</p> <p>9:00 a.m. Arthritis Exercises</p> <p>10:00 a.m. Hearing Aid Service</p> <p>10:00 - 3:00 p.m. CRAFTS</p>	<p>30</p> <p>1:00 p.m. Pinochle & Mah Jong</p>	<p>31</p> <p>9:00 a.m. Arthritis Exercises</p> <p>1:00 p.m. Bridge</p>	<p>1 ♥ February</p> <p>10:00 a.m. <i>Activity Meeting</i></p> <p>12:30 p.m. Pinochle</p>	<p>2</p> <p><i>Appreciation Breakfast 8:30-10:30</i></p>
3	<p>4</p> <p>1:00 p.m. Table Games Duplicate Bridge</p>	<p>5</p> <p>9:00 a.m. Arthritis Exercises</p> <p>10:00 a.m. DAS BOARD MEETING</p> <p>10:00 a.m. Hearing Aid Service</p> <p>NOON - 3:00 p.m. CRAFTS</p>	<p>6</p> <p>10:00 a.m. Wii Bowling</p> <p>1:00 p.m. Pinochle & Mah Jong</p>	<p>7</p> <p>9:00 a.m. Arthritis Exercises</p> <p>1:00 p.m. Bridge</p>	<p>8</p> <p>12:30 p.m. Pinochle</p> <p>6:30 p.m. B-I-N-G-O</p>	<p>9</p> <p>11:30 a.m. General Meeting</p> <p>12:00 Potluck</p> <p>B-I-N-G-O follows White Elephant</p>